

Briefing

Meeting with Te Hiringa Mahara Mental Health and Wellbeing Commission

Date due to MO:	12/05/2023	Action required by:	19/05/2023
Security level:	UNCLASSIFIED	Briefing number:	BN2023-021
To:	Hon Dr Ayesha Verrall - Minister of Health		
Copy to:	[REDACTED]		

Contact for Telephone Discussion

Name	Position	[REDACTED]
Karen Orsborn	Chief Executive	[REDACTED]
Wayne Verhoeven	Director, Corporate Services	[REDACTED]

Minister's Office to Complete

- | | | |
|--|------------------------------------|---|
| <input type="checkbox"/> Approved | <input type="checkbox"/> Decline | <input type="checkbox"/> Noted |
| <input type="checkbox"/> Needs change | <input type="checkbox"/> Seen | <input type="checkbox"/> Overtaken by event |
| <input type="checkbox"/> See Minister's note | <input type="checkbox"/> Withdrawn | |

Comment:

Meeting with Te Hiringa Mahara Mental Health and Wellbeing Commission

Security level: UNCLASSIFIED **Date:** 12/05/2023

To: Hon Dr Ayesha Verrall - Minister of Health

Purpose

1. This briefing supports your meeting with Te Hiringa Mahara - the Mental Health and Wellbeing Commission on 19 May 2023, between 10:30am – 11:00am. The attendees will be Hayden Wano, Board Chair and Karen Orsborn, Chief Executive.

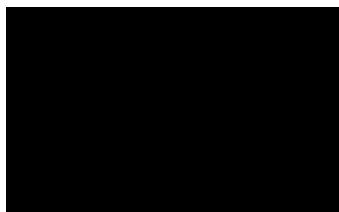
Executive Summary

2. Following our meeting on 31 March, we agreed to brief you on our upcoming Te Huringa Report. We propose the following agenda:
 - Te Huringa – Youth Focus Report
 - Te Huringa 2023- Summary Report

Recommendations

We recommend you:

- a) **note** Te Hiringa Mahara intends to proactively release this briefing as part of our proactive release policy **Yes / No**



Karen Orsborn
Chief Executive
Date: 12/05/2023

Hon Dr Ayesha Verrall
Minister of Health
Date:



Meeting with Te Hiringa Mahara

Mental Health and Wellbeing Commission

3. It has been a busy time since we last met. Highlights include:
 - We held a webinar on 6 April 2023, to share our findings of our report ‘Supporting wellbeing after a crisis’ [MEM2023-001 refers]. It was well attended by our stakeholders and other agencies.
 - We released our COVID-19 Rangatiratanga Insights paper [BN2023-014 refers] and our Youth Wellbeing Insights report [BN2023-004 refers] in May.
 - We have also progressed our relationship with one of the three Iwi who form Mana Whenua (Taranaki Whānui, Te Ati Awa, and Ngāti Toa Rangatira). Taranaki Whānui participated in a sharing session with an all-staff wānanga held on the 26 April at Te Tatau o te Pō marae in Lower Hutt.

Our immediate workplan

4. From now until July, we will release a series of monitoring reports looking at key elements of the mental health and addiction system in Aotearoa – under the name *Te Huringa Tuarua 2023*.

Te Huringa Tuarua 2023

5. **Te Huringa Tuarua 2023** follows the Te Huringa 2022 baseline report which was published in 2022. The He Ara Āwhina (Pathways to Support) framework underpins our reporting on what is working well, what has changed and what needs to improve.
6. **A summary monitoring report** will cover the performance of mental health and addiction services from July 2017 to June 2022. This will include specialist services funded through Te Whatu Ora, telehealth and digital services and primary care. A dashboard with monitoring data will also be published. We note this report is being finalised and being considered by the Board of Te Hiringa Mahara on 16 May 2023. The reports notes the following:
 - a considerable increase in funding over the last five years
 - changes in the pattern of service use of mental health and addiction services with a decrease in the numbers of people accessing most types of mental health and addiction services
 - positive increases in the number of people accessing the services that are part of the Access and Choice programme.
7. **A youth services report** will shine a light on the practice of admitting young people (aged 12 to 17 years) to adult inpatient mental health services (adult services) in Aotearoa New Zealand. We advised you [BN2023-007 refers] on 8 May 2023 and will release this report on 17 May 2023. We will discuss this with you at our meeting. Our key findings include:

- Admissions to adult services have reduced but still make up over 25% of all young people being admitted for inpatient care
 - Admitting young people to adult services may cause harm and diminish hope
 - The negative impacts of this practice outweigh any potential positives
 - Youth-specific acute response services across Aotearoa need expanding.
8. **A Kaupapa Māori** report will provide insights about Kaupapa Māori service investment and the experiences of tāngata whaiora. This report is due to be published in June 2023. The report covers the following:
- The report refers to the findings of the Waitangi Tribunal report, the Hauora report
 - The investment into Kaupapa Māori services is approximately 10.9% of the total investment into mental health and addiction services
 - There was a positive step forward with the Government's investment into Kaupapa Māori services as part of the Access and Choice programme which made up 20 per cent of the total Access and Choice services investment
 - Approximately 26 per cent of Māori tāngata whaiora who access specialist mental health services access specialist Māori services
 - There are gaps in data available to support a deeper understanding.
9. We will advise you more on the details on 16 June 2023.
10. A report on the use of **Compulsory Community Treatment Orders (CCTOs)** and the identification of changes that can be taken towards upholding 'rights' pending the full replacement of the outdated Mental Health Act 1992. We will advise you more on this detail in July 2023.

COVID-19 Insights series 2023

11. By the time we meet with you we will have released six of eight COVID-19 insights reports focused on wellbeing. These are short reports that primarily use existing data. Report seven of the series will focus on the Pacific experiences of wellbeing, report eight will bring together the common findings and recommendations across all reports in the series, complemented by additional information on key communities.

Youth Wellbeing Insights Series 2023

12. We will release a Youth Wellbeing Insights report during the Youth week scheduled for 15 May 2023. This work is part of our ongoing youth advocacy work, which will be expanded on in 2023/24.

Our work programme

13. We are building from the insights we have gathered and generated through our Youth Wellbeing and Youth Services reports [BN2023-004 and BN2023-007 refer, and outlined above] to advocate for transformation to the mental health and wellbeing systems that support youth wellbeing. We will seek opportunities to reflect the views of young people and increase their involvement in decisions that affect them.

- We are working with Manatū Hauora on the mental wellbeing priority of the Child and Youth Wellbeing Strategy and have agreed to share our insights as a first step into this relationship. We envision a positive working relationship going forward as Rangatahi and Youth wellbeing advocacy is a priority workstream for us.
 - We are identifying other opportunities to continue this advocacy work into the next financial year, potentially including bringing a youth and wellbeing view to related work on social media (with DIA)
14. It is important that decision-making in the health reforms, and across the sector more generally, is well informed by the voices of those who often are underserved, underrepresented, or disadvantaged by existing systems that support mental health and wellbeing. We mentioned in our advice [BN2023-013 refers], that this includes Māori and the services that support them, Pacific peoples, and those with lived experience of mental distress or addiction in particular.
- We continue to meet with the Māori directorate of Manatū Hauora working with them to support our Kaupapa Māori services insights report (Te Huringa 2023 Special topic report).
 - We continue to work with the Ministry for Pacific Peoples to align our next COVID-19 Insights paper, and next year's Pacific insights work, to reflect areas of common interest with the Pacific Wellbeing Strategy.
 - We continue to provide advice on key policy proposals and reviewed legislation that impact on mental health and wellbeing. We want to see transformation that has been consistently called for rather than 'improvement to existing law'; including through the review of Adult Decision-making Capacity Law, Therapeutic Products Bill, and importantly the new Mental Health Act.

Accountability

- 15. The 2023/24 SPE is currently with Manatū Hauora for review.
- 16. We understand the appointment process for Board appointments is underway.

Next steps

- 17. We will brief you on the work outlined in this briefing and discuss where we can assist you in your areas of priority.

ENDS