

Briefing

Meeting with Te Hiringa Mahara Mental Health and Wellbeing Commission

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| Date due to MO: | 25/01/2024 | Action required by: | 1/02/2024 |
| Security level: | UNCLASSIFIED | Briefing number: | BN2024-001 |
| To: | Hon Matt Doocey, Minister for Mental Health | | |
| Copy to: | [REDACTED] | | |

Contact for Telephone Discussion

| Name | Position | Telephone |
|---------------|-----------------------------|------------------|
| Karen Orsborn | Chief Executive | [REDACTED] |
| Stuart Allan | Director Corporate Services | [REDACTED] |

Minister's Office to Complete

- | | | |
|--|------------------------------------|---|
| <input type="checkbox"/> Approved | <input type="checkbox"/> Decline | <input type="checkbox"/> Noted |
| <input type="checkbox"/> Needs change | <input type="checkbox"/> Seen | <input type="checkbox"/> Overtaken by event |
| <input type="checkbox"/> See Minister's note | <input type="checkbox"/> Withdrawn | |

Comment:

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| To: | Hon Matt Doocey, Minister for Mental Health | | |

Purpose

1. The purpose of this paper is to provide a proposed agenda and key discussion points for a meeting with you, Hayden Wano, Board Chair and Karen Orsborn, Chief Executive of Te Hiringa Mahara - Mental Health and Wellbeing Commission on Thursday 1 February 2024.

Proposed agenda

2. We propose the following items for discussion.
 - a. Minister's priorities
 - i. Potential Mental Health and Addiction Access target
 - ii. Access to services impacted by workforce
 - iii. Update on Budget 19 investment
 - b. Strategic context
 - i. Long term financial sustainability
 - ii. Our strategic refresh
 - iii. Board appointments
 - c. Our current work
 - i. Mental Health and Addiction Service monitoring
 - ii. Access and Choice Report
 - iii. Kia Manawanui Implementation
 - iv. Discontinued measures for He Ara Āwhina monitoring

Minister's priorities

Potential Mental Health and Addiction Access target

3. Timely access to a range of mental health and addiction services and supports is essential. We are undertaking a deep dive into Access and Options with publication anticipated in May 2024 (see para 9-10 below). We will brief you on the key findings on this work on service access closer to publication. We expect that this report on service access and options could provide contextual information to support developing a target on service access.

Access to services impacted by workforce

4. One of the findings from monitoring report last year (released in May 2023) was that services are hampered by a high rate of workforce vacancies. We expect workforce pressures will also be a finding in our upcoming monitoring report on service access and options. Both community and people working in services are telling us how vacancy rates are leading to issues in people accessing services in a timely way. As you know, this is an area that needs significant attention, and we are keen to see a comprehensive workforce strategy and roadmap.

Update on Budget 19 investment

5. We note your interest in tracking Budget 19 expenditure. A 2021 Initial Mental Health and Wellbeing Commission report included an overview of Vote Health Budget 2019 mental health and addiction initiatives (refer to [Mā te rongō ake](#) Appendix 4). With your interest in tracking progress with Budget 19 expenditure, we could publish an update of this appendix with funding allocated and funding committed to June 2023.

Strategic context

Long term financial sustainability

6. We have been advised given the constrained fiscal environment, Budget 2024 is an invite-only process, and our cost pressure bid cannot be progressed at this time. This has a significant impact on our ability to deliver on our legislative functions and long-term financial stability. The Minister of Health's office have advised that this should be raised with you first, with the expectation that you will raise with Minister Reti.

Our strategic refresh

7. In 2024 we will review our Lived Experience and Te Tiriti o Waitangi position statements and develop our next Strategic Plan and Statement of Intent. We will engage with you as part of this process.

Board appointments

8. Te Hiringa Mahara has seven Board members and a vacancy following the recent resignation of Taimi Allan. The Chair has commenced discussions with Manatū Hauora for the appointment to the Commission Board.

Our current work

Mental Health and Addiction Service monitoring

9. Our 2024 monitoring report will be the third iteration of monitoring mental health and addiction services. This report, due for publication by end of financial year, has a specific focus on service access and options – to monitor with more depth people's experiences accessing services and options available to them.

10. We are now currently analysing the wealth of data collected from key agencies, communities, and the health workforce, and undertaking the data sense making phase. As part of this phase, we are receiving expert advice and input through sector and lived experience reference groups.
11. The updated He Ara Awhina dashboard and infographics with an overall summary and specific focus areas will be published in late May 2024.

Access and Choice Report

12. We are in early planning stages to publish a report on the Access and Choice programme. We have previously published two reports (in [October 2021](#) and [November 2022](#)) on the roll-out. You will also note our recent [supplementary paper](#) on workforce development funding.
13. As the five-year roll-out period ends in June 2024, it is timely that we do a five-year programme monitoring report. This monitoring report will cover what was delivered by the Access and Choice programme as well as how the programme has contributed to the changing mental health and addiction service landscape.
14. We note your interest in assessments on value for money and productivity of this programme. We want to discuss this with you further and whether we cover this topic in the upcoming monitoring report.
15. This project is due to commence in March 2024, with the report delivered by the end of 2024.

Kia Manawanui Implementation

16. Kia Manawanui sets out what central government will do in the short, medium and long term (140 actions), what system transformations these actions seek to achieve (20 system performance indicators) and what people will experience from a transformed system (19 system outcomes). These are grouped under six categories, called enablers. Assessing every aspect of Kia Manawanui is unlikely to be achievable within current resource.
17. To manage scope of assessment against Kia Manawanui in 2023/24, our approach is focussed on monitoring implementation of short-term actions; focusing on one enabler – selecting 'leadership' as the enabler to monitor, monitoring across actions, system impacts and system outcomes; and utilising the actions, system change indicators and system impacts set out in Kia Manawanui – this approach makes best use of limited resources.
18. We will develop and publish a report based by 30 June 2024.

Discontinued measures for He Ara Āwhina monitoring

19. As part of our regular monitoring of mental health and addiction services, we have a suite of measures to monitor against the He Ara Āwhina framework.

20. We are planning to remove 18 of the 86 measures used in last year's report for the 2024 monitoring report and 2024 dashboard as being not well aligned, not containing future data, and data sets too small.
21. The removal of the measures with no future data is concerning, particularly those which measure experience of using services. Mārama RealTime Feedback was discontinued from 1 April 2023, and New Zealand now has no national experience survey for mental health and addiction services. These types of experience measures are critical – so that services can understand and improve whether they are enabling positive experiences of people using services and to monitor lived experience participation and leadership. We are keen for health agencies to collect outcome and experience measurement data that are nationally consistent, tāngata whaiora and whānau reported, and culturally appropriate.
22. We will prepare a specific briefing about the discontinued use of these measures and we plan to publish a short summary on our website.

Rangatahi and Youth Wellbeing & Mental Health and Addiction Services

23. These are a priority for the Commission. We have two items on our work programme – an assessment of rangatahi and youth wellbeing and publication of an infographic focussing on access to services for young people as part of our service monitoring work. An update will be provided at the March Minister's meeting.

Next steps

24. We will continue to keep you abreast of our work programme and strategic direction through briefings and monthly meetings.

We recommend you:

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|----|---|----------|
| a) | note the contents of this briefing | Yes / No |
| b) | note Te Hiringa Mahara intends to proactively release this briefing as part of our proactive release policy | Yes / No |



Karen Orsborn
Chief Executive
 Date: 25/01/2024

Hon Matt Doocey
Minister for Mental Health
 Date:

ENDS

