

Briefing

Insights paper for publication – Insights Paper on Acute Options for Mental Health Care

Date due to MO:	13/08/2024	Action required by:	22/08/2024
Security level:	UNCLASSIFIED	Briefing number:	BN2024-016
To:	Hon Matt Doocey, Minister for Mental Health		
Copy to:	[REDACTED]		

Contact for Telephone Discussion

Name	Position	Telephone
Karen Orsborn	Chief Executive	[REDACTED]
Sonya Russell	Director Mental Health and Addiction Sector Leadership	[REDACTED]

Minister's Office to Complete

- Approved
- Decline
- Noted
- Needs change
- Seen
- Overtaken by event
- See Minister's note
- Withdrawn

Comment:

Publication of Te Hiringa Mahara Insights Paper on Acute Options for Mental Health Care

Security level:	UNCLASSIFIED	Date:	13/08/2024
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Purpose

1. On 22 August 2024, the Mental Health and Wellbeing Commission | Te Hiringa Mahara (the Commission) intends to publish the attached Insights Paper on Acute Options for Mental Health Care. This briefing informs you of the key insights included in this paper.

Executive Summary

2. The Insights Paper on Acute Options for Mental Health Care highlights the range of options that could and do (in some cases) make up the acute continuum. Increasing acute options can provide a viable and welcome alternative that allows people to stay safe and supported in their local community.
3. The paper highlights some peer-led, community-led, and kaupapa Māori examples that are already available in some areas and summarises other models, some of which are not currently available in Aotearoa.

Insights Paper for publication: Acute Options for Mental Health Care

4. Tāngata whaiora have told us that they want to see increased access and more options, particularly when they are in crisis. They want acute mental health and addiction services to offer them genuine choice – including more accessible community-based acute options, such as Kaupapa Māori services, youth-orientated services, and peer-led services, all of which include holistic supports.
5. Inpatient services are one part of the continuum of mental health and addiction services, and the range of services available in the community (both acute and non-acute) have a large impact on the pressure and demand for inpatient services.
6. Research on peer support models has demonstrated cost effectiveness and improved outcomes for tāngata whaiora and is seen as being an important component of acute mental health care.
7. Reliable data on acute options delivered in the community is unavailable. Further work is required to provide a detailed list of the range of acute services available to help understand the variation of acute options across Aotearoa, and to better understand what acute options work best for whom, and under what circumstances.

Communications Plan

8. A high-level communications plan is attached for your information. The report will be published on our website and an op-ed will be published.
9. The Commission will front any media interest. No media appearances are planned, but the Commission Director of Mental Health and Addiction Sector Leadership, Sonya Russell, will be the primary spokesperson for any media interest.

Consultation

10. The attached paper has been informed by the views of tāngata whaiora and service providers, as well as whānau, family and supporters for various projects, sought by the Commission since our inception.
11. Health New Zealand were involved in providing data and review. Ministry of Health were involved in the early stages of developing the paper.

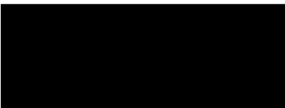
Next Steps

12. Subject to minor editorial changes, including design, on 22 August 2024, the insights paper will be published to our website.

Recommendations

We recommend you:

- | | | |
|----|---|-----------------|
| a) | Note on 22 August 2024, subject to minor editing changes, the Commission will publish the attached Insights Paper on Acute Options for Mental Health Care. | Yes / No |
| b) | Note we intend to release this briefing under our proactive release policy. | Yes / No |


Karen Orsborn
Chief Executive
Date: 12/08/2024

Hon Matt Doocey
Minister for Mental Health
Date:

Attachments

- Appendix 1 Insights Paper on Acute Options for Mental Health Care
- Appendix 2 Communications plan