

Briefing

Advice on the development of the Mental Health and Wellbeing Strategy

Date due to MO: 26/05/2025

Action required by: 28/05/2025

Security level: UNCLASSIFIED

Briefing number: BN2025-012

To: Hon Matt Doocey, Minister for Mental Health

Contact for Telephone Discussion

Name	Position	Telephone
[REDACTED]	[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	[REDACTED]

Minister's Office to Complete

Approved Decline Noted
 Needs change Seen Overtaken by event
 See Minister's note Withdrawn

Comment:

Advice on the development of the Mental Health and Wellbeing Strategy

Security level:	UNCLASSIFIED	Date:	26/05/2025
To:	Hon Matt Doocey, Minister for Mental Health		

Purpose

1. The purpose of this briefing is to provide you with the Commission's proactive advice to inform the draft Mental Health and Wellbeing Strategy (Strategy), as required under the Pae Ora (Healthy Futures) Act 2022.

Proactive advice to inform the Mental Health and Wellbeing Strategy

2. In our letter to you on 12 May 2025, we noted our intention to both work with the Ministry during drafting of the strategy as well as provide you directly with formal written advice. Formal advice would be at two key points in the development of the Strategy. The first being in response to the draft Strategy before it goes to Cabinet for consultation in June, and the second after the public consultation in August.
3. We understand that there have been delays in preparing the draft Strategy for Cabinet consideration, as we have yet to receive a draft Strategy from the Ministry. We are still working with the previous timeline and have decided to make available our own advice on the Strategy, and provide it to you and the Ministry proactively, rather than wait further for the draft Strategy.
4. Our proactive advice is attached. In summary we are hoping to see a Strategy that:
 - inspires hope and change with leadership at every level
 - outlines a future with concrete, measurable objectives
 - provides a shared view of what a good mental health and addiction system looks like to drive progress
 - features cross-government and preventative actions to improve mental health and wellbeing
 - and takes a coordinated approach to bring together government strategies and plans that address mental health.
5. Key to our advice is our upcoming system performance report (not yet published) which has been shared with the Ministry in April and yourself in May to support the Strategy development [refer BN2025-009]. The report provides six key system shifts needed to change the system to achieve improved mental health and wellbeing outcomes.

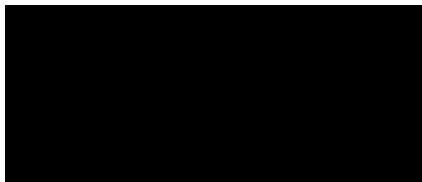
Next steps

6. We will continue to engage directly with the Ministry during drafting of the Strategy. When the draft Strategy is available, we will consider its alignment with our proactive advice and provide further reactive advice to the draft. We are meeting with you on 16 June 2025 and can use that opportunity to brief you further on our reactive advice.

Recommendations

We recommend you:

a)	give regard to the attached advice, on the development of the Mental Health and Wellbeing Strategy	Yes / No
b)	note the Commission intends to proactively release this briefing as part of our proactive release policy.	Yes / No



Chief Executive

Date: 26/05/2025



Minister for Mental Health

Date:

ENDS