11 June 2025

This paper summarises measures we are adding to the measure set for He Ara Āwhina monitoring in 2024/25.

We first developed a measure set to monitor against He Ara Āwhina framework in late 2022. Since then, we have made various adjustments to the measure set.

This short paper outlines additions we have made to He Ara Āwhina measure set in 2024/25 (no measures were discontinued in this iteration).

With the additions, He Ara Āwhina measure set consists of 76 measures which data will be reported against in our [online dashboard](#).

Background

He Ara Āwhina (HAĀ) framework shows what a good mental health and addiction system looks like for tāngata whaiora and whānau. We use He Ara Āwhina framework to monitor mental health and addiction services and system, using a broad measure set.

The HAĀ measure set was initially compiled in late 2022 – more information is available [here](#). We used the HAĀ measure set for the first time in our 2023 monitoring report [Te Huringa Tuarua](#) and first release of the online HAĀ dashboard.

In 2024, we reviewed the HAĀ measure set to create a second version. In doing so, we removed 18 measures used in our 2023 monitoring. Further detail about the discontinued measures is available [here](#). This second version of the HAĀ measure set was used in our 2024 monitoring report [Kua Tīmata Te Haerenga](#) and second release of the online HAĀ dashboard.

Added measures

In 2024/25, we undertook work to refresh the measure set and added 18 measures. Some of these measures we had previously used in focus reports, and we carried over into the core measure set. The added measures include:

Table 1: Additions to He Ara Āwhina measure set in 2024/25

	Measure	He Ara Āwhina domain	Data source
1	Rate of declined referrals	Access and options	PRIMHD
2	Number of referrals to specialist services	Access and options	PRIMHD
3	Proportion of new tāngata whaiora in specialist services	Access and options	PRIMHD
4	Proportion of long-term tāngata whaiora in specialist services	Access and options	PRIMHD
5	Number of treatment days in specialist services with Māori specific interventions	Manawa Ora / Tūmanako (primary domain); Access and options (secondary domain)	PRIMHD
6	Māori and non-Māori access to Kaupapa Māori specialist mental health and addiction services	Manawa Ora / Tūmanako (primary domain); Access and options (secondary domain)*	PRIMHD
7	Percentage of people admitted to mental health inpatient units who are 'secluded'	Mana Tangata / Tū Tangata Mauri Ora (Māori data); Safety & Rights (all ethnicities)	PRIMHD (using Te Tāhū Hauora HQSC calculations)
8	Young people admitted to an adult inpatient unit	Safety and rights	PRIMHD
9	People using peer support in specialist services	Participation and leadership	PRIMHD
10	Number of treatment days in specialist services with peer support	Participation and leadership	PRIMHD
11	Wait time to third appointment following referral	Access and options	PRIMHD
12	Reporting of unmet need for mental health and addiction services in the past 12 months	Access and options	NZ Health Survey (published)
13	People with/without long-term mental health condition reporting that GP or nurse explained things in a way they could understand	Participation and leadership	Te Tāhū Hauora HQSC patient experience survey
14	People with/without long-term mental health condition reporting that their cultural needs were met	Mana Tangata / Tū Tangata Mauri Ora (primary domain); Safety & Rights (secondary domain)*	Te Tāhū Hauora HQSC patient experience survey
15	People with/without long-term mental health condition reporting that they have been involved in decisions about treatment and care	Participation and leadership	Te Tāhū Hauora HQSC patient experience survey
16	Number of total FTE (employed and vacant) in adult Te Whatu Ora specialist services	Access and options	Te Pou (published)
17	Vacancy rate in adult Te Whatu Ora specialist services	Access and options	Te Pou (published)
18	MHA ringfence amount set per FY (only from 2022/23 onwards)	Access and options	Manatū Hauora (published)

* These measures are part of multiple framework domains but are presented in the primary domain in the online dashboard.

Complete HAĀ measure set

The current complete HAĀ measure set, totalling 76 measures, is available in this spreadsheet.

Data for all 76 measures will be provided in the June 2025 update of the HAĀ dashboard (covering data to June 2024 in most cases where new data is available).

Future monitoring and reporting

The measures of He Ara Āwhina framework are 'living', and we continue to evolve and refine measures to ensure they remain relevant. We will publish any future changes made to the measure set.