



# He Ara Oranga te tarāwaho putanga toiora – te rāpopototanga

Te Whakakitenga: “Tū tangata mauri ora.”

Ka tutuki tēnei inā ka rongō ngā tāngata, ngā whānau me ngā hapori o Aotearoa i ēnei mea e whai ake nei...

## Toiora mai i te tirohanga o te ao Māori

### Tino rangatiratanga me te mana motuhake

– Ka haumarutia, ka whakateiteihia, ka whakahohea ngā mōtika ā-ture, ā-tangata, mē ētahi atu mōtika a te whānau.

### Whakaora, whakatipu kia manawaroa

– E pakari ana te ahurea me te ngākau whakahī o ngā whānau – ka tōnui ngā whānau mā ngā ritenga Māori, ngā tikanga Māori me te mātauranga Māori.

### Whakapuāwaitanga me te pae ora

– Kei ngā whānau ngā rauemi ki te puāwai, ā, e noho māori ana te toiora taurite.

### Whanaungatanga me te arohatanga

– Ka tōnui ngā whānau i roto i te taiao o te arohatanga, o te manaaki me te kotahitanga.

### Wairuatanga me te manawaroa

– E piki haere ana te mauri me te wairua o te whānau i ia reanga.

### Tūmanako me te ngākaupai

– E manako nui ana ngā whānau ki ngā aronga me nga wawata o te anamata.

## Toiora mai i te tirohanga whānui

### Ka haumarū, ka poipoitia

– E tauawhitia ana te tangata e ngā hononga aroha i runga i te mākohe, i te whakaute, i te aroha, ā, e wātea kau ana i ngā tūkinō me ngā ngaukinō.

### Kia riro mai ngā mea e hiahiatia ana

– Kei ngā tāngata, kei ngā whānau, kei ngā hapori ngā tautoko me ngā rauemi ki te tipu ora.

### Kia whakatinana ngā mōtika me te mana tangata

– Ka whakautengia te tangata, ā, ka whai wāhi rātou ki te hapori me te pāpori whānui, otirā ka wātea i ngā āhuatanga o te kaikiri, o te patu wairua me te whakahāweatanga.

### Kia ora, kia tipu, kia kaha

– Ka whai wheako te tangata me ngā whānau ki te oranga kare ā-roto pērā i te whiwhi pūkenga, rauemi, tautoko hoki, hei hautū i ngā panonitanga, i ngā wero me ngā auhītanga o te ao.

### Kia tūhono, kia whai uara

– E uaratia ana ngā pūmanawa o te tangata, ā, e wātea ana rātou ki te whakapuaki i ō rātou ake tuakiri motuhake, ā, e whai hononga ana rātou ki ngā hapori.

### Kia manako nui, kia whai take

– E rongō ana ngā tāngata, ngā whānau, me ngā hapori e whai take ana rātou, ā, e manako nui ana ki te anamata.