

He Ara Oranga wellbeing outcomes framework

Indicators and data sources

Indicators will be regularly reviewed as suitable data is made available. The listed data sources are a starting point that will be complimented by other forms of data insights informed by communities.

Wellbeing from a te ao Māori perspective

Outcome concept	Indicator	Source
Tino rangatiratanga me te mana Motuhake		
Māori exercise authority and make decisions about how to flourish. Tino rangatiratanga is expressed in many self-determined ways.	The proportion of Māori adults who were registered with their iwi	Te Kupenga
	The proportion of those eligible who voted in an iwi election in the last three years	
	Growth in the Māori economy, between 2013 and 2018	Te Ōhanga Māori
Whakaora, whakatipu, kia manawaroa		
Beauty of Māori culture is celebrated and shared by all New Zealanders and globally.	The proportion of people who agree or strongly agree that government should encourage and support the use of Māori in everyday situations	General Social Survey
	The proportion of people who agree or strongly agree that all people in New Zealand should understand te reo Māori and English	
	The proportion of Māori who think it is very important or quite important to be involved in things to do with Māori culture	Te Kupenga
	The proportion of Māori who think spirituality/taha wairua is very or quite important	
Māori express connection through awhi mai, awhi atu and the use of te reo me ōna tikanga, every day; starting from infancy.	The proportion of all Māori students who are enrolled in kura kaupapa Māori and kura teina	Māori Language in Schooling Education Counts
	The proportion of Māori who are able to speak te reo Māori well	Te Kupenga
	The proportion of Māori who are able to understand te reo Māori well	
Culturally strong - flourish through the practical expression of ritenga Māori, tikanga Māori and mātauranga Māori.	The proportion of Māori who think it is important to be involved in things to do with Māori culture	Health and Lifestyles Survey
Whakapuāwaitanga me te pae ora		
Whānau needs are met, and unfair and unjust differences are eliminated	The proportion of Māori secondary school leavers left school with a qualification at NCEA level 2 or above	Census
Whānau live in a state of wai ora, mauri ora and whānau ora, which enables pae ora	The proportion of Māori who rate their own health as excellent or very good	New Zealand Health Survey
Whānau have the resources needed to thrive across the course of their lives; especially mokopuna who are unique taonga	The proportion of Māori children living in households experiencing good material wellbeing	Household Economic Survey
Whanaungatanga me te arohatanga		
Active expression of strengths-based whakawhanaungatanga supports positive attachment and belonging	The proportion of Māori who think their whānau get along well together	Te Kupenga
	The proportion of Māori who find it very easy to find someone to support them in times of need	

Flourish in environments of arohatanga (care, love and compassion) and manaaki (protection, respect, generosity)	The proportion of Māori who think their whānau are doing well	
Kaupapa and whakapapa whānau collectively flourish intergenerationally	The proportion of Māori who felt they had the right amount of whānau support in times of need	
Kotahitanga (unity, collective action and solidarity) is realised	The proportion of Māori adults who are registered with an iwi	
Wairuatanga me te manawaroa		
Taonga Māori are revitalised and nurtured; the unique relationship and spiritual connection Māori have to te taiao, whenua, whakapapa and whānau is actively protected, enhanced.	The proportion of Māori who report knowledge of own iwi and hapū	Te Kupenga
	The proportion of Māori who are involved in iwi/hapū environmental planning or decision-making	
Tūmanako me te ngākaupai		
Whānau are hopeful	The proportion of Māori who think things are getting better for their whānau	Te Kupenga

Wellbeing from a shared perspective

Outcome concept	Indicator	Source
Being safe and nurtured		
People feel safe, secure, and are free from harm and trauma.	The proportion of people who reported high levels of trust in most other people	General Social Survey
	The proportion of people who feel their quality of life is not affected by worrying about crime	
People live in, learn in, work in, and visit safe and inclusive places.	The number of work-related injury claims per 1,000 full-time equivalent employees	Accident Compensation Corporation
People enjoy nurturing relationships.	The proportion of people who report feeling lonely a little or none or of the time in the last four weeks	General Social Survey
People of all ages have a sense of belonging in families and / or social groups. Where people experience disconnection, they can reconnect or form new positive connections	The proportion of adults who had face to face contact with friends who do not live with them	General Social Survey
	A sense of belonging (index measure)	Programme for International Student Assessment (PISA)
Having what is needed		
Access to healthy kai (food)	The proportion of people who have gone 'a little' or 'a lot' without fresh fruit and vegetables in last year to keep costs down	General Social Survey
Support and resources needed to maintain health throughout their life and experience equitable health outcomes	The proportion of adults who rated their health status as good, very good or excellent	New Zealand Health Survey
People live in healthy and stable homes	The proportion of households living in a crowded house	General Social Survey
Lifelong learning	The proportion of adults enrolled in any study whether formal or informal	Household Labour Force Survey
Safe physical activity	The proportion of people who undertake 2.5 + hours of physical activity per week	New Zealand Health Survey
Support and resources needed to maintain health across their life course and experience equity of health	The proportion of adults who experience one or more types of unmet need for primary health care	
Time for leisure	The proportion of people who feel they had enough leisure time	<i>The indicator is still yet to be developed</i>

Creative outlets	The proportion of people who participate in the arts	New Zealanders and the arts survey
People live in communities and environments that enable health and wellbeing	Alcohol licence density	<i>Not available</i>
	Gambling machine density	
	The proportion of people who have safe drinking water.	Ministry of Health, Drinking Water
	The proportion of people who said it was very easy to get to their nearest park or green space	General Social Survey
Having enough money and financial security	The proportion of households who felt their income was enough or more than enough to meet their everyday needs	Household Economic Survey
People, families, and communities have the resources needed to flourish	The proportion of people score of 7/10 or higher for life satisfaction	General Social Survey
Having one's rights and dignity fully realised		
Fully participate in communities and broader society and live free from all forms of racism, stigma and discrimination	The proportion of people who reported experiencing discrimination in the last year	General Social Survey
	The proportion of people who reported experiencing racism in the last year	General Social Survey
Healing, growth and being resilient		
Emotional wellbeing	The proportion of people who reported high positive mental wellbeing	General Social Survey
Skills, resources and support to navigate life transitions, challenges and distress	The proportion of people who said it would be 'very easy' or 'easy' to talk to someone if they felt down or a bit depressed	
		The proportion of hazardous drinkers
Experience & manage a range of emotions. Families celebrate each other's strengths	The proportion of people who rate their family wellbeing highly	General Social Survey
Being connected and valued		
Connected to culture, language, beliefs, religion and/or spirituality	The proportion of Māori who are te reo speakers	Census
Valued for who you are - free to express their unique identities	The proportion of people who think it is easy to be themselves	General Social Survey
Having hope and purpose		
Have a sense of purpose and are hopeful about the future	The proportion of people who report life is worthwhile	General Social Survey
	The proportion of people who report 'high' life satisfaction	
Voices, perspectives, and opinions are heard and respected. People make self-determined decisions about the future and have the resources needed to pursue goals, dreams, and aspirations	The proportion of people who feel they have control over their lives	<i>The indicator is still yet to be developed</i>