



HE ARA ORANGA - TE KAWE I TE MĀNUKA TAKOTO UPHOLDING THE WERO LAID IN HE ARA ORANGA

In 2018, Government launched an inquiry into mental health and addictions in Aotearoa New Zealand.

One message rang true across the country:

ME PANONI TE PŪNAHA THE SYSTEM MUST CHANGE

Government accepted the wero (challenge) laid down in He Ara Oranga, committing to transform the mental health and addictions system to a wellbeing system, acknowledging that *it will take time, a bold and brave shift in culture and new ways of working.*

“The new system should have a vision of mental health and wellbeing for all at its heart: where a good level of mental wellbeing is attainable for everyone, outcomes are equitable across the whole of society, and people who experience mental illness and distress have the resilience, tools and support they need to regain their wellbeing.”

– He Ara Oranga, report of the inquiry into mental health and addictions

Upholding the wero laid in He Ara Oranga

The report, Upholding the Wero Laid in He Ara Oranga provides a check-in on progress of Government’s response to He Ara Oranga in these early days of system transformation, with a focus on four priority areas.

The Mental Health and Wellbeing Commission will be up and running in 2021.

Work to repeal and replace the Mental Health Act is underway and there is hope that this can take a rights-based approach built in partnership with people.

A suicide prevention strategy was completed and published in September 2019. A Suicide Prevention Office has been established and started operating with an early focus on Māori.

There are pockets of success to expand access to, and increase choice of, mental health and addictions services.

“MĀ TE HURUHURU TE MANU KA RERE”
WITH FEATHERS THE BIRD TAKES FLIGHT

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