

# Briefing



## Meeting with Te Hiringa Mahara Mental Health and Wellbeing Commission

<b>Date due to MO:</b>	1/11/2022	<b>Action required by:</b>	9/11/2022
<b>Security level:</b>	UNCLASSIFIED	<b>Briefing number:</b>	BN2022-013
<b>To:</b>	Hon Peeni Henare, Associate Minister of Health Māori		
<b>Copy to:</b>	Minister of Health, Hon Andrew Little [REDACTED] Ministry of Health		

### Contact for Telephone Discussion

Name	Position	Telephone
Karen Orsborn	Chief Executive	[REDACTED]
Maraea Johns	Chief Advisor Māori	[REDACTED]

### Minister's Office to Complete

- |  |                                    |   |
|--|------------------------------------|---|
| <input type="checkbox"/> Approved            | <input type="checkbox"/> Decline   | <input type="checkbox"/> Noted              |
| <input type="checkbox"/> Needs change        | <input type="checkbox"/> Seen      | <input type="checkbox"/> Overtaken by event |
| <input type="checkbox"/> See Minister's note | <input type="checkbox"/> Withdrawn |   |

Comment:

# Meeting with Te Hiringa Mahara Mental Health and Wellbeing Commission

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**Security level:** UNCLASSIFIED **Date:** 1/11/2022

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**To:** Hon Peeni Henare, Associate Minister of Health Māori

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## Purpose of report

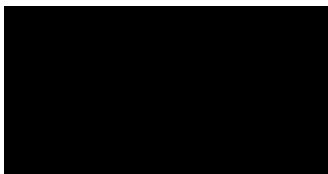
1. This briefing supports your meeting with Te Hiringa Mahara, the Mental Health and Wellbeing Commission on 9 November 2022, at 4:00pm – 4:30pm. Attendees will be Hayden Wano, Nohoanga Poari, Karen Orsborn, Tumu Whakarae and Maraea Johns, Kaiwhakahaere Māori.

## Executive Summary

2. We propose the following items for discussion:
  - a. Access and Choice Report 2022
  - b. Te Hiringa Mahara – COVID-19 Impact Insights Programme
  - c. Youth Wellbeing Insights

## Recommendations

3. We recommend you:
  - a) **note** Te Hiringa Mahara intends to release this briefing as part of our proactive release policy **Yes / No**



Karen Orsborn  
**Chief Executive**  
Date: 1/11/2022

Hon Peeni Henare  
**Associate Minister of Health Māori**  
Date:

## Background

4. We met with you on 24 August 2022 [BN2022-009 refers]. Since then, our work has continued at pace. This briefing highlights key pieces of work which may be of particular interest to you.
5. Our meeting on 9 November 2022 will provide an opportunity to discuss these in greater detail.

## Upcoming publications

### Access and Choice Report 2022

6. Our second monitoring report on the Access and Choice programme is planned for publication by the end of November.
7. We have received the majority of the data we requested from Manatū Hauora and have made a further request for the most substantial missing data, relating to workforce development initiatives, with Te Whatu Ora. We will progress with the information we have received for the Access and Choice report and will note the gaps in the data that we are unable to report on.
8. Whilst the report is still in development, the preliminary findings include:
  - a. There has been strong progress with programme rollout over the 2021/22 year for most services
  - b. There was particularly strong progress with Kaupapa Māori services rollout, including good progress with workforce recruitment
  - c. Workforce is also a significant problem for IMPHA and Youth services – a sector wide approach to workforce is required for Mental Health and Addiction
  - d. Other areas of focus are on the number of unique people seen across the programme compared to what is expected at this time in the programme rollout.

### COVID-19 impact insights programme

9. On 4 October 2022, Te Hīringa Mahara published the first of its Covid-19 Impacts Insights reports. You would have been briefed on this programme of work previously about these two reports for the first project – Media reporting of COVID-19 and mental health and wellbeing. More information on our COVID-19 Insights programme is available [here](#).
10. The second project in the series is underway and focuses on the wellbeing impacts on Kaumatua and older people through the pandemic. Taking our He Ara Oranga wellbeing outcomes framework as the lens through which we view wellbeing, it lays out the key impacts for older people, with the specific experience of Kaumatua, where research is available. We expect to publish this second report in November.

### Youth Wellbeing Insights

11. We expect to publish our insight report on youth wellbeing in January 2023. Our approach taken is to identify key issues affecting youth wellbeing and generate

relevant insights that can shape policy and practice and centre the voices of rangatahi and young people at every stage of the project.

12. We commissioned researchers from [REDACTED] The Centre for Informed Futures to prepare a literature review summarising the available evidence on social determinants of youth wellbeing in Aotearoa. Alongside this kaupapa, we have been engaging community groups and young people to seek their feedback on the themes, test our thinking and hear their perspectives on solutions and possible actions to address the issues identified. We have also met with community, NGO and government stakeholders.
13. The literature review and our engagement affirmed the salience and interconnectedness of the four key themes:
  - a. Racism and discrimination, both systemic and interpersonal, were identified as significantly impacting youth wellbeing
  - b. Young people's apprehension about their futures, significantly affected by their awareness of the scale of the climate crisis, experiences and anticipation of economic insecurity, and the many disruptions caused by Covid-19
  - c. The 'accelerator affect' of social media on pre-existing social dynamics; bullying, racism, comparison with others, body image and feeling disconnected
  - d. Intergenerational and whānau connections: young people focused on cultural identity, connection, language, the impacts of colonisation, and whānau.
14. Our peer review process for this project will include the views of rangatahi and young people who informed the report – as experts on their own experience. The final output will combine insights from the review and our engagement into a short insights report.

## Engagement and other activity

### Māori engagement

15. Te Hiringa Mahara continues to strengthen our fledging relationship with mana whenua (Taranaki whānau, Te Āti Awa and Ngāti Toa Rangatira) with their active involvement in our second staff and Board wānangā, scheduled for 23 November 2022.
16. This wānangā will be held at Te Tatau o Te Pō Marae in Lower Hutt, with support from Taranaki Whānui and Te Āti Awa. This space will allow our whānau to connect with one another in a more meaningful way and build our knowledge on our Te Tiriti o Waitangi journey, in an environment more reflective of te ao Māori, tikanga and protocols.

### Te Hiringa Mahara Te Tiriti o Waitangi Capability Plan

17. Our Māhere Reo programme is one part of the broader Te Hiringa Mahara Te Tiriti o Waitangi Capability Plan (Te Tiriti CP). Te Tiriti CP is intended to also be an integral part of the overall Te Hiringa Mahara Organisational Plan (currently under development).

18. We are focusing on te reo Māori part of the plan in this financial year, but it is a personal journey, one that all our staff will be working on in their own individual personal development plans. Simultaneously, we are working on our other two themes to build capability: Te Tiriti o Waitangi and Engaging with Māori over the next 24 months.
19. Our Māori engagement plan is nearly finalised with three workshops already completed and another one planned for the week of 2 November 2022.

#### Advocacy for Māori mental health and wellbeing

20. Te Hiringa Mahara has committed to delivering an insights report on Kaupapa Māori services. The report will provide information and transparency of the level of investment into Kaupapa Māori mental health and addiction services and advocate for improvements.
21. Information on Kaupapa Māori services is not easily accessible, and the breakdown of investment into Kaupapa Māori services lack transparency. An expert advisory group (EAG) is being established to support our Kaupapa Māori insights report. We are looking for up to six expert advisors to be part of a rōpū to guide and review our work. A Terms of Reference (TOR) is currently in development.

#### Feedback from Māori on our He Ara Āwhina framework

22. In our last brief, we mentioned the He Ara Āwhina framework consultation process. With over 260 responses, Te Hiringa Mahara have analysed and captured the 'voices' of Māori and what they said, people with lived experience and what they said and the shared 'voices' of people who responded and fed back on the framework.
23. Some of the quotes from Māori include:
  - a. It's good we (tangata whaiora) have been involved in this process (of consultation) from the start to develop the framework – **Tangata whaiora**
  - b. It (the consultation hui) has been very safe and very enjoyable – **Tangata whaiora**
  - c. Love that you are still seeking feedback to get it right – **Tangata whaiora**
  - d. Ngā mihi aroha to you Commission for hearing us and prioritising, validating, and legitimising our voices over the generations, to make a 'stand for change', here and now – **whānau**
24. These 'voices' will be published in three documents by the end of November 2022. We will keep you updated on the release dates.

#### Progress on other work

##### Acute options project

25. While Manatū Hauora and Te Whatu Ora are working to expand access to and choice of primary mental health and addiction services, there has been little investment in services available for people experiencing significant distress. In order to understand the current state, including service gaps, Te Hiringa Mahara is developing an insights paper that will describe what a comprehensive acute system

should look like, and maps the current provision of services and supports that are available for people experiencing acute mental distress.

26. The main purpose of the project is to understand:
  - a. What service and support options are available in Aotearoa for people who are experiencing acute mental distress?
  - b. Where are these services and supports located?
  - c. What services and/or supports do tāngata whaiora want when they are experiencing acute or significant mental distress?
  - d. What evidence is available regarding the effectiveness of different services?
  - e. What components of service are missing?
27. The findings will be presented in two key outputs:
  - a. An online tool that maps the location of the services throughout Aotearoa
  - b. An insights paper into what services are available for people who are experiencing significant acute mental distress. This paper will include information on the Vote Health investment in acute care services across Aotearoa (by district) and evidence of effectiveness of services where it is available.

#### Accessibility for New Zealanders Bill

28. The Accessibility for New Zealanders Bill is currently before the Social Services and Community Committee, and submissions are open until 7 November. Due to the nature and content of the Bill, we have prepared a written submission. We sought the views of our disabled community stakeholders in preparing the draft submission, and their feedback shaped its development. In summary, we consider that the Bill should be substantially strengthened before it is passed:
  - a. To ensure that the Committee it establishes can improve wellbeing for disabled people and whānau, it should understand, reflect, and represent the diversity of those communities
  - b. The Bill should better uphold Te Tiriti o Waitangi if it is to have meaningful impacts for Māori. It should also uphold related international obligations
  - c. Most importantly, the Committee needs to be adequately resourced, with appropriate levers at its disposal, to bring about change.
29. Our submission will be available to the public, via the parliament website. We will add it to the Submissions page on our own website also, but do not expect to make an oral submission or any announcements on it.

#### Next Steps

30. We will report back to you on our progress in our next meeting.

#### ENDS