Ngā nekenga e ono hei hāpai ake i ngā hua hauora me te oranga hinengaro

**Kua whakaemitia e Te Hiringa Mahara tētahi māramatanga kotahi mō te ahua o tētahi pūnaha hauora hinengaro me te waranga pai.**

## Te anga atu ki tētahi pūnaha hauora hinengaro me te waranga pai:

Ka taea ngā huringa e hiahia ana mātou mō tētahi pūnaha hauora hinengaro me te waranga pai ake mā te whakatinana i ngā nekenga pūnaha hira e ono. Mā te whakatinana i ēnei

nekenga e ono mō te pūnaha hauora hinengaro me te waranga ka tautoko i ngā hua hauora me te oranga hinengaro pai ake mō ngāi Aotearoa.

Ā mātou mahi hei tautuhi i ngā nekenga mai i ngā reo, ngā mahere me ngā rautaki maha me ngā tūtohutanga mai i te Uiui He Ara Oranga 2018. E paiheretia ana ngā nekenga e ono katoa mai i ngā wheako o te tangata e mātau ana, e whai pānga ana hoki ki te ahotea hinengaro me te waranga.

Hei Kōmihana motuhake ka aroturukihia e mātou te whai i ngā nekenga hira e ono. I te marama o Hune 2025 i whakaputaina e mātou te aromatawai tuatahi e ai ki ngā whakaritenga whakatutukitanga e āwhina ana i a mātou kia mārama ai ki te whai take o te pūnaha onāianei. Tirohia te: [**Pūnaha Aroturuki**](https://www.mhwc.govt.nz/news-and-resources/system-performance-monitoring-report-2025/)[**Whakatutukitanga Pūnaha**](https://www.mhwc.govt.nz/news-and-resources/system-performance-monitoring-report-2025/).

**I ahu mai tātou i hea**

# Nekenga 1

he whakatutuki i ngā pitomata o te ***wheako mātau me te whai pānga***

# Nekenga 4

he tuku ***āheinga tautika*** ki ngā ratonga me ngā tautoko e ***hāpai ake i ngā hua*** mō

te tangata

# Nekenga 2

he whakaraupapa i ***ngā ratonga whaitake*** mā te hunga ***tino whai matea***

# Nekenga 5

he whakaū i ngā tikanga ***ā-tika tangata***

# Nekenga 3

he tuku i te ***ārai matua*** me ***ngā hāpaiora tōmua***

# Nekenga 6

e tautokona ana e tētahi ***ohu mahi*** e matatau ana, e mātau ana, e kaha ana hoki ki te whakatutuki

i ngā hiahia onāianei me āpōpō

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Te Uiui He Ara | **Ma Te Rongo** | Kia Manawanui | **Te Anga Hua** | **Ngā Ara hei Tautoko** | Oranga | **Ngā Kitenga** | **Aroturuki** |
| Oranga 2018 | **Ake 2020** | Aotearoa 2021 | **Oranga o He Ara** | **i te Anga Tautoko** | Hinengaro | **Kaihautū Whai** | **Whakatutukitanga** |
|  |  |  | **Oranga 2021** | **He Ara Āwhina 2022** | 2023 | **Pānga 2024** | **o te Pūnaha 2025** |

## He aha te tikanga o te nekenga – Ngā mahi ka taea te ine mō ia nekeng

**Te whakanui i ngā nekenga**

I te marama o Hūrae ka whakawātea mai te Kāwanatanga i te Rautaki Hauora

# Nekenga 1:

## Ngā wheako whai pānga

* E pūmau ana ki te whakawhanake me te tautoko i ngā tūranga hautū wheako whai pānga
* He tipu me te haumi haere tonu ki ngā ratonga tautoko aropā

# Nekenga 2:

## Te whakaraupapa hiahia

* Te whakanui ake i te haumi

ki ngā ratonga Kaupapa Māori mō te mate hinengaro me

te waranga

* E mahi tahi ana ngā tari mō

te painga o te oranga hinengaro o te rangatahi me te taiohi

# Nekenga 3:

**Te ārai me te hāpaiora tōmua**

* Te whakanui ake i te haumi

ki ngā aronga hāpaiora matua me te hauora tūmatanui

* Kia tere ake te āhei atu ki ngā kōwhiringa matua nui ake
* E whāia ana ngā mahi

e ngā tari ki te whakarite i ngā pūtake pāpori

# Nekenga 4:

## He tautika te āhei atu ki ngā ratonga tōtika

* E whakaūngia ana te tikanga tautika ki ngā mahi katoa
* He aronga hou hei whakarite i ngā hiahia kāore anō kia whakatutukihia
* Ngā mahi hei whakarite i ngā wā tatari i ngā ratonga hauora hinengaro me te waranga

mātanga, otirā mā ngā rangatahi me ngā taiohi

# Nekenga 5:

## Te whakaū i ngā tika tangata

* E pūmau ana ki te whakamutu i ngā tikanga uruhi
* E aro ana ki te whakaiti i te whakamā
* Te whakarite kua whai kahawhiri ngā tāngata whaiora ki ngā whakatau mō te tiaki i a rātou anō

**Nekenga 6: Te ohu mahi**

* Ngā mahi hei tautoko i tētahi ohu mahi whai pūkenga me te toitū
* He nui ake te kanorau o te ohu mahi

me te Oranga Hinengaro hukihuki. Ko ā mātou nekenga e ono ngā panoni e hiahia ana mātou ki te kite i roto i tētahi pūnaha hauora hinengaro me te waranga kua takahurihia, ka mutu e taunakitia e mātou ēnei kia whakaurua ki te Rautaki.

Mā te katoa ēnei e whakatinana.

He mea whakarite tēnei whakarāpopototanga o ngā nekenga hei whakarite e mārama whānuitia ana i mua o ngā whakawhitiwhiti kōrero tūmatanui mō te Rautaki Hauora me te Oranga Hinengaro.

## E tono ana mātou i tētahi Rautaki:

**E ū ana ki ngā wheako whai pānga.** E hiahia ana mātou i ngā reo, ngā tirohanga me ngā wawata a te hunga he wheako whai pānga ō rātou i roto i te Rautaki. E hiahia mātou ki te kite i te mahi ngātahi tūturu me ngā hapori wheako whai pānga i roto i ngā mahi waihanga me

te whakatinana i te Rautaki me te Mahere Whakatinana.

**Te hiahia whakaarotau.** E hiahia ana mātou ki te kite i ngā otinga hāngai mō ngā taupori he tino nui te hiahia tae atu ki te Māori, Te Moananui-a- Kiwa, ngā taiohi me te hunga hauā.

**E paiheretia ana e tētahi aronga aroturuki me te ako e ārahitia ana e ngā raraunga pai ake.** E hiahia ana mātou ki tētahi mahere matawhānui hei whakapai ake i te kohinga o ngā raraunga mō ngā āhuatanga e pā nei ki te tangata, ngā wheako me ngā hua hei tautoko kia pai ake.

Ka tuwhera ngā whakawhitiwhiti kōrero mō te Rautaki hukihuki mai i te **Hūrae 2025.** Me whakaputa i ō whakaaro ki te paetukutuku a Te Manatū Hauora: [**www.health.govt.nz**](http://www.health.govt.nz/)

**He kōrero mō mātou**

He hinonga Karauna Te Hiringa Mahara e aroturuki ana me te tautoko i te pūnaha hauora me te oranga hinengaro.

Ko tā mātou whakakitenga mō te hauora me te oranga hinengaro i Aotearoa ko Tū Tangata Mauri Ora.

