Strategy on a page 2025–2029 We are a kaitiaki of mental health and wellbeing in Aotearoa New Zealand

Whāinga Tāhuhu | Our Vision

Tū tangata mauri ora | Thriving together.

Whakatakanga | Our Mission

Te hautū i ngā putanga pai ake mō te hauora ā-hinengaro, mō te waranga, mō te oranga hoki | Lead improved mental health, addiction and wellbeing outcomes.

Ngā Uaratanga | Our Values

Tühonotanga - We are inclusive and connected.

Māia - We are courageous and speak up.

Māramatanga - We learn by listening and seek knowledge.

Tika - We will be fair and respectful.

Aroha - We care about the work we do and the people of Aotearoa.

Pou Rama & Manaia

The light that shines through the Pou Rama is the voice of people with lived experience of mental distress or addiction, and voices of whānau and supporters. Refer to our Lived Experience position statement.

Grounded in Te Tauāki ki Te Tiriti o Waitangi

Ko te tuatahi **Article One** Kāwanatanga Ko te tuarua Article Two Tino Rangatiratanga Ko te tuatoru **Article Three** Ōritetanga

Whakapuakitanga Kupu Tauāki Declaration Ritenga Māori

Nōku te Hē When we get it wrong

Ngā whakaarotau rautaki |

Mental health and addiction

whaiora and their whānau.

and addiction.

Advancing mental health and

health and addiction system.

services meet the needs of tangata

wellbeing outcomes for people with

Improved performance of the mental

lived experience of mental distress

Strategic priorities

Inspire - be an independent system

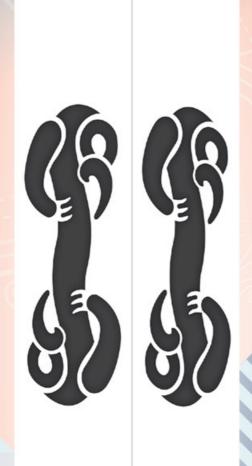
Ko tā mātou mahi | We will:

leader, being a champion for positive change and fostering hope for the future.

Inform – publish evidence-based insights to drive informed decision-

Connect - promote alignment and collaboration to effect change.

Influence – use our public voice, insights, and recommendations for impact and to hold the system to account.





Mental Health and **Wellbeing Commission**